



# STEPS OF PUTTING ON PPE

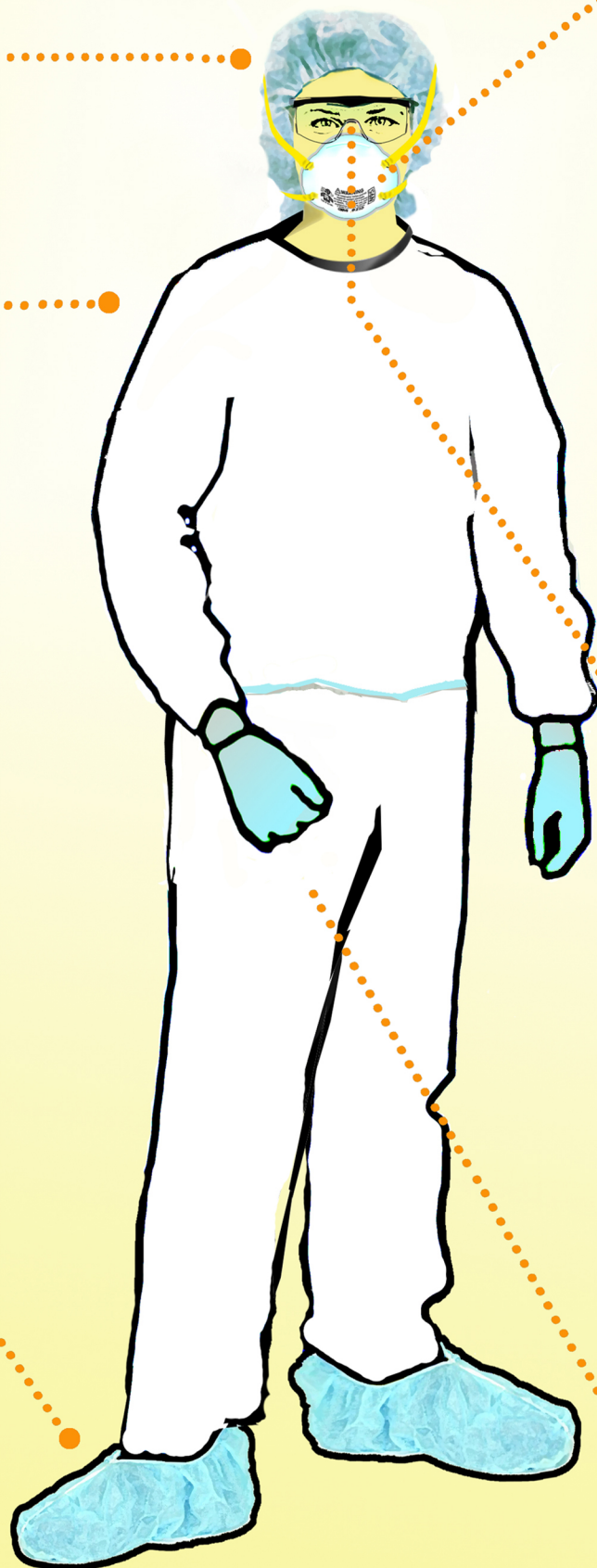
[Personal Protective Equipment]

Canada

## STEP 1

### WEARING THE GOWN, CAP AND SHOES

Cover body fully from neck to knees and wrists, and wrap around the back. Wear cap and shoes.



## STEP 2

### WEARING N95 MASK

Tie securely or put elastic bands at middle of head and at the neck.

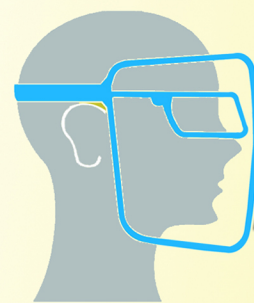
- Fit flexible band to nose bridge.
- Fit comfortable to face and below chin.
- Fit check.



## STEP 3

### WEARING GOGGLES OR FACE SHIELD

- To prevent blood-born and some respiratory pathogens.
- Place over face and adjust to fit.



## STEP 4

### WEARING GLOVES

- Select size-fitting gloves.
- Cover wrist and gown of each hand.

