



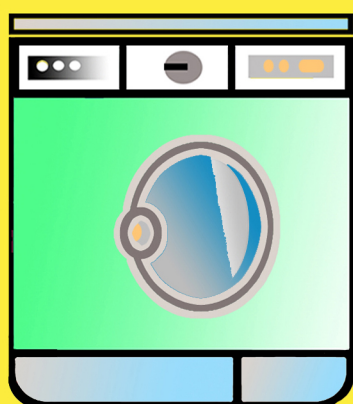
# GOOD HYGINE at HOME

**COOK AND STORE  
FOOD PROPERLY**  
Use **REFRIGERATOR**  
to Prevent from  
**SPOILING**



**CLEAN CLOTHES  
SEPARATELY**

( DO NOT MIX blood, faeces,  
or body fluids **STAINED  
CLOTHING** with **HOUSEHOLD  
LAUNDRY**)

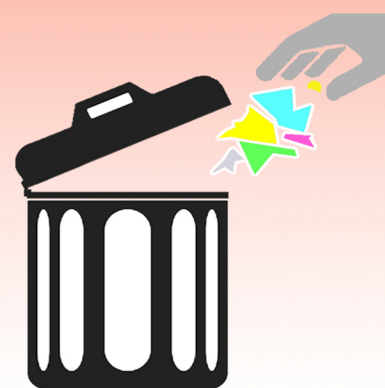


Household  
Laundry

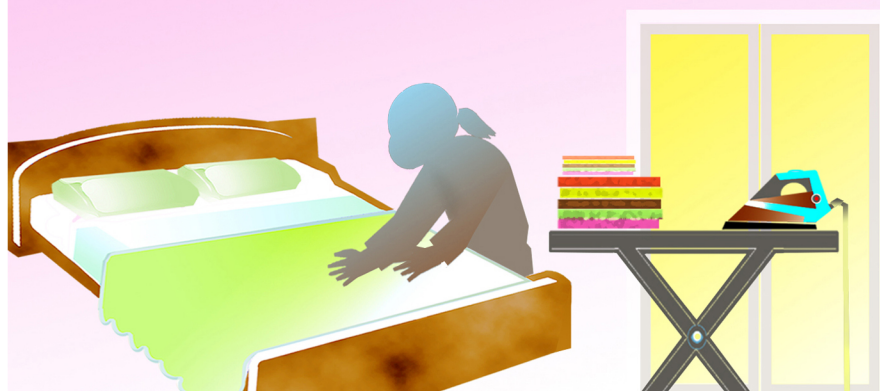
Stained  
Clothing



**DISPOSE  
WASTE in  
CLOSED  
GARBAGE**



**KEEP BEDDING  
and CLOTHING  
CLEAN**



**WASH  
YOUR HANDS**



**BEFORE**  
(cooking, eating,  
feeding another person,  
dressing wound)

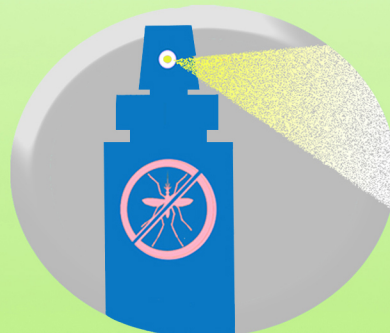
**AFTER**  
(using toilet, changing  
diapers or soiled bedding,  
take care of sick people)



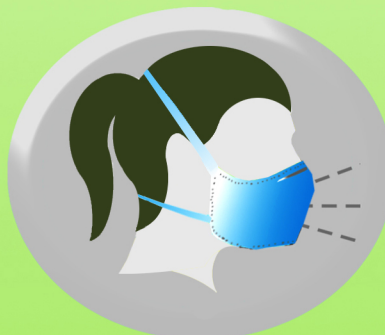
Keep your **WOUNDS  
COVERED** with  
**BANDAGE** or **CLOTH**



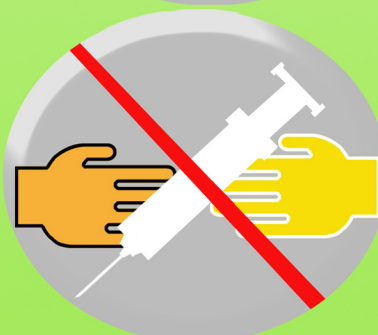
Use **GLOVES** to  
handle soiled items



Use **INSECT  
REPELLENTS** to avoid  
mosquitoes biting



Cover your mouth  
with **MASK** when  
coughing or  
sneezing



**DO NOT SHARE**  
sharp or skin-  
piercing instruments