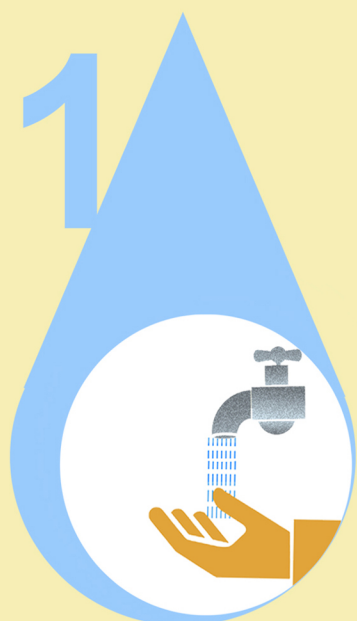




# 10 STEPS OF EFFECTIVE HAND WASHING

Canada



**Wet  
Hands**

&



**Apply  
Soap**



**Palm to  
Palm**



**Between  
Fingers**



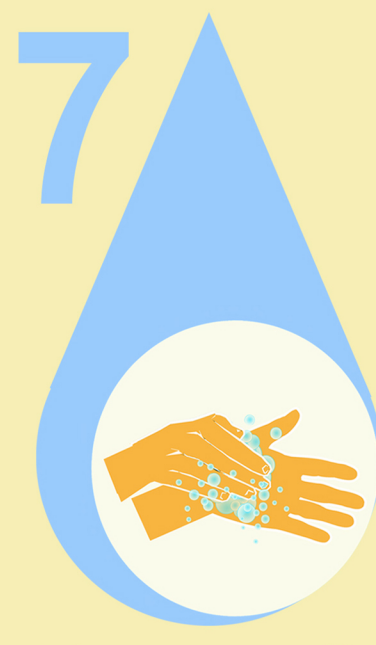
**Back of  
Hands**



**Base of  
Thumbs**



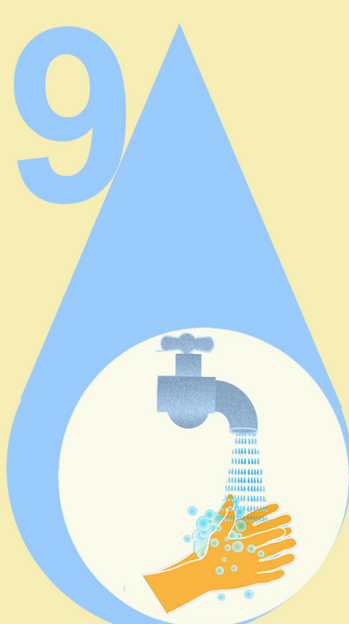
**Back of  
Fingers**



**Fingernails**



**Wrists**



**Wash  
with Water**



**Dry with Towel & Dispose  
it in Closed Garbage**

