



SEQUENCE FOR REMOVING PPE

Canada

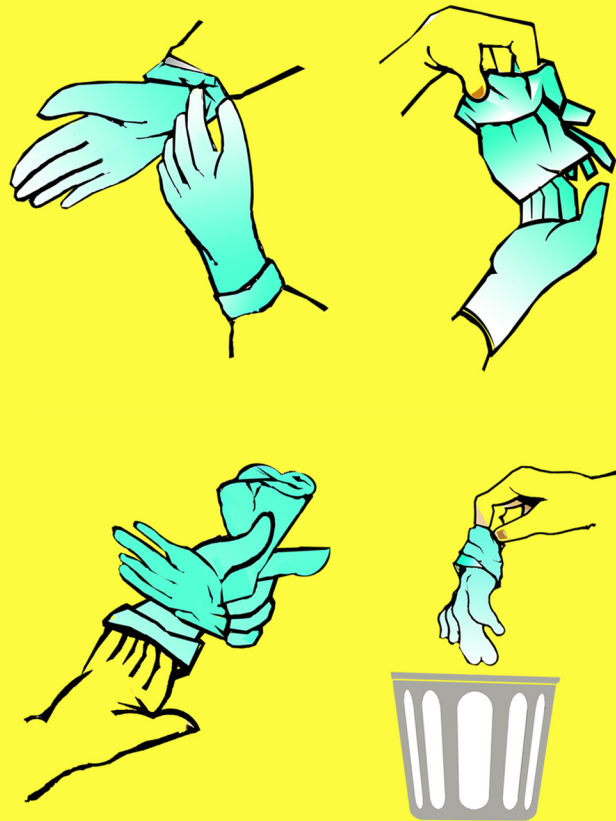
Step. 1. GLOVES

Catch outside of glove with opposite gloved hand then peel off so that outside becomes inside.

While holding removed glove in gloved hand, slide fingers of ungloved hand under remaining glove at wrist.

Peel off over first glove.

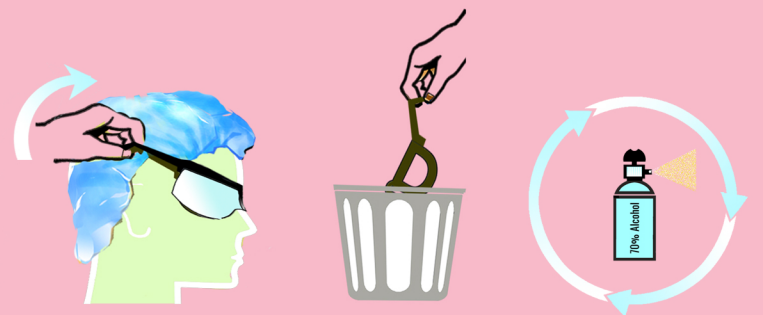
Discard glove in waste container.



Step. 2. GOOGLES OR FACE SHIELD

Remove goggle or face shield from the back by lifting ear pieces.

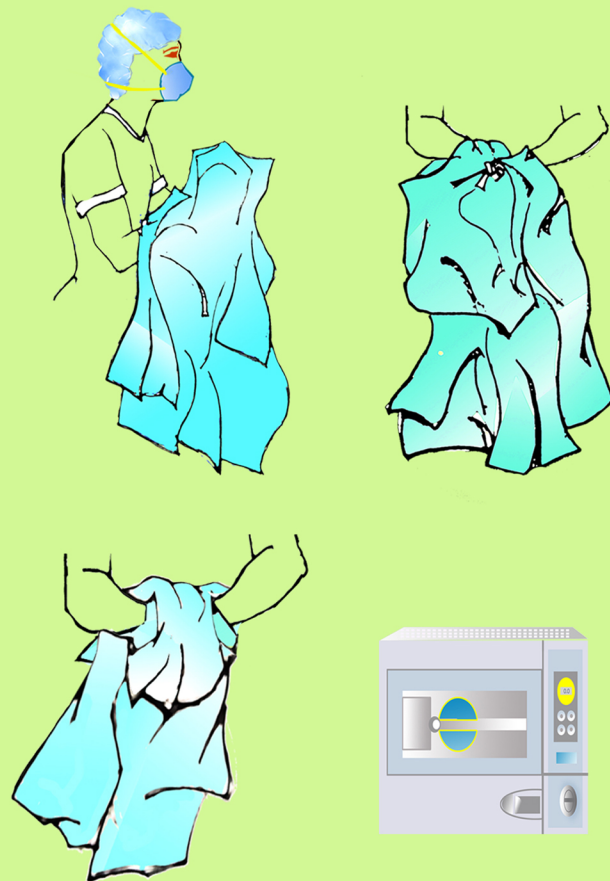
- Discard in waste container.
- To reuse, use antiseptics such as spraying with 70% alcohol.



Step. 3. GOWN

Unfasten gown ties, taking care that sleeve do not contact your body.

- Pull gown away from neck and shoulders, touching inside the gown only.
- Turn gown inside out.
- Fold and roll in to a bundle before discard in waste container.
- To reuse, put in plastic bag and then autoclave.



Step. 5. WASH HANDS IMMEDIATELY AFTER REMOVING ALL PPE



Step. 4. N95 MASK AND CAP

DO NOT TOUCH front of mask
It is contaminated!

- Untie or grasp both bottom and top elastic bands of mask, and remove without touching the front.
- Remove cap.
- Discard mask and cap in waste container.

